

WOMEN

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Pregnancy / Infants & FASD

WM-225 Alcohol and Your Pregnancy – Avoiding Fetal Alcohol Spectrum Disorders

(limit: 5) booklet

This booklet presents a nonjudgemental, but straightforward warning about how unborn babies' health can be damaged when pregnant women drink. It explains fetal alcohol spectrum disorders in clear, concise language and urges pregnant and planning to be pregnant women not to drink. It also provides a list of support for avoiding alcohol. 8 pages (Channing Bete, 2005)

WM-237 * Drinking and Your Pregnancy

(limit: See below) brochure

This brochure explains the characteristics of infants born with fetal alcohol syndrome, answers questions about the effects of drinking during pregnancy and lists resources for getting help with problem drinking. (NIAAA, 2001)

* **WM-237E** English (limit 5)

* **WM-237S** Spanish (limit 25)

* **WM-237NA** For Native American audience (limit 5)

WM-252* Advisory on Alcohol Use in Pregnancy

(limit: 25) card

This card provides a brief message from the US Surgeon General about the use of alcohol during pregnancy. The reverse side of the card provides websites where additional information may be found on the topic. (CDC, 2005)

* **WM-252E** English

* **WM-252S** Spanish

WM-260 Fetal Alcohol Syndrome: Guidelines for Referral and Diagnosis

(limit: 1) book

These guidelines are intended to assist physicians and allied health professionals in the timely identification, referral and diagnosis of persons with fetal alcohol syndrome. 50 pages (CDC/FAS, 2003)

WM-265 * I Never Thought I'd Get Pregnant...Let Alone Have A Baby With Fetal Alcohol Syndrome

(limit: 25) brochure(s)

This brochure targets African-American women and is intended to raise awareness about the risks of drinking during pregnancy, explain the causes and characteristics of FAS, highlight the risks associated with drinking and having unprotected sex and identify ways to prevent FAS. (CDC/FAS, 2003)

* **WM-265A** Pictures a mom and baby on the front cover

* **WM-265B** Pictures a woman holding a glass of wine on the front cover

WM-270 * Think Before You Drink

(limit: 25) brochure(s)

This brochure describes what FAS is and how to prevent it; the brochure targets childbearing-age women with the message to avoid drinking during pregnancy. (CDC/FAS, 2003)

* **WM-270E** English

* **WM-270S** Spanish

WM-275 Recovering Hope – Mothers Speak Out About Fetal Alcohol Spectrum Disorders

(limit: 1) VHS

This VHS and discussion guide for addiction counselors and women in recovery includes 10 copies of the pamphlet, "Be the Best Mom You Can Be". The hour long DVD presents eight women telling their own stories about how alcohol use in pregnancy affected their children, how they are learning effective new ways to parent and how they are recovering hope for the future. Six researchers and clinicians support these stories by explaining the disabilities associated with FASD. (SAMHSA, 2006)

Treatment & Recovery

WM-625 * Helping Yourself Heal: A Recovering Woman's Guide to Coping with Childhood Abuse Issues

(limit: 10) booklet(s)

This booklet is for women in substance abuse treatment who may begin to address childhood abuse issues while in their recovery. A description of childhood abuse, symptoms of childhood abuse, how to address the issue in treatment and how a counselor can help is provided. 6 pages (CSAT, 2006)

* **WM-625E** English

* **WM-625S** Spanish

WM-646 Methadone Treatment for Pregnant Women

(limit: 20) brochure

This brochure is directed at women who are pregnant and using drugs. It explains how methadone maintenance treatment can help women stop using drugs and answers questions about methadone. A list of important resources is provided. (SAMHSA, 2006)

Women's Health

WM-715 * Alcohol: A Women's Health Issue

(limit: 1) booklet

This booklet provides information to women of ages about moderate and high risk drinking, stress and drinking and possible health and social consequences of drinking. It is specific to women's health issues in relation to alcohol use, abuse and dependence. 20 pages (NIAAA, 2003)

* **WM-115E** English (limit 1)

* **WM-115S** Spanish (limit 1)

WM-760 Facilities Offering Special Programs or Services for Women

(limit: 1) report

This issue of The DASIS Report provides data on substance abuse treatment facilities providing special programs or services focused on women's needs. SAMHSA's 2000 National Survey of Substance Abuse Treatment Services (N-SSATS) provides data on four such programs or services: programs designed for women only, programs specifically for pregnant or postpartum women, services addressing domestic violence (physical, sexual and emotional abuse) and child care services. N-SSATS is an annual survey of all facilities in the United State, both public and private, that provide substance abuse treatment. (SAMHSA, 2002)

Posters

WMV-333 Not a Single Drop

(limit: 1) poster

This 11"x17" black and white poster shows a mother and child with the caption "No mother should ever have to say 'If I only had known...'" (Ohio's Not A Single Drop Initiative, 2006)

WMV-334 Not a Single Drop: Baby Face

(limit: 10) poster

This 11"x16½" poster showing a babies face, "No mother should ever have to say 'If I only had know'" (Ohio's Not A Single Drop Initiative, 2006)

WMV-916 * Pregnant? Drugs and Alcohol Can Hurt Your Unborn Baby. Promise Your Baby You Will Not Use Drugs or Alcohol

(limit: 1) poster(s)

This 11"x17" color poster shows a pregnant woman with her hands crossed protectively over her abdomen. (US Dept of Agriculture, 1993)

* **WMV-916E** English

* **WMV-916S** Spanish

WMV-920 Christy Turlington "Smoking is Ugly"

(limit: 1) poster

This 18"x24" poster features model Christy Turlington with a message stating "More women died of lung cancer in the year 2000 than of breast, uterine and ovarian cancer combined." (CDC Office on Smoking and Health, 2004)

WMV-950 Sacred Trust: Protect Your Baby Against Fetal Alcohol Syndrome

(limit: 1) poster

This 16"x22" poster features a Native American woman and daughter and reads "For your baby's sake, choose not to drink alcohol during pregnancy: Protect your dreams and your baby's future." (US Dept of Agriculture, 2002)

WMV-960 Wanda Never Thought She'd Get Pregnant...Let Alone Have a Baby With Fetal Alcohol Syndrome

(limit: 3) poster

This 17"x22" poster shows a mother and child with the message "Wanda never thought she'd get pregnant...let alone have a baby with fetal alcohol syndrome" (CDC/FAS, 2003)

WMV-961 Karen Doesn't Know She's Pregnant...By The Time She Finds Out, Her Baby Will Already Have Fetal Alcohol Syndrome

(limit: 3) poster

This 17"x22" poster shows a woman holding a wine glass, with the message "Karen doesn't know she's pregnant...By the time she finds out, her baby will already have fetal alcohol syndrome" (CDC/FAS, 2003)